STUDIO 100 DANCE AND FITNESS Season 1 Recital Handbook



A Night At The Movies June 15th, 2024 3pm Harwood Union High School

Tickets on sale May 15, 2024 @ 2pm

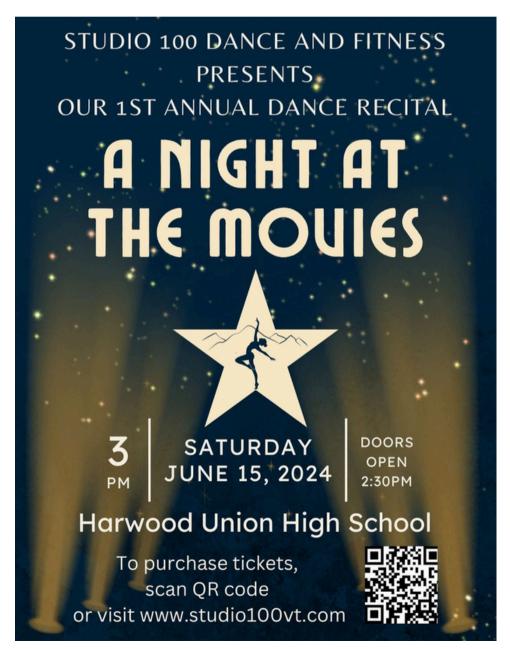






There is NO limit on how many tickets you want to purchase. Let's fill the auditorium for these dancers!

> Adults: \$15 Children, 12 and under: \$12



DRESS REHEARSAL

Sunday, June 9th, <u>1pm</u> Harwood Union High School

Please label ALL costumes, shoes, and accessories!!

*Dancers should arrive no later than 12:15pm in the costume of their first scheduled dance with their hair and make-up done. (see schedule on next page)

*Please make sure your dancer signs-in at the check-in desk prior to heading backstage.

*Rehearsal will begin immediately at 1pm with all dancers on stage to run through the bow.

*Each class will have 10 minutes on stage for staging and to run the dance.

*Dancers are free to leave after their last class stage time or can stay and watch in the auditorium but must sign-out prior to leaving.

*Dancers 3rd grade and younger MUST have a parent or guardian sign them out prior to leaving.

DRESS REHEARSAL

June 9, 2024, 1pm Dancer call: 12:15pm

Stage Schedule - REVISED 5/15/24

1:00-1:30pm - Bow, Full Cast 1:30-1:40pm - Bitty Ballet Monday 1:40-1:50pm - Bitty Ballet Friday 1:50-2:00pm - Bitty Tap Monday 2:00-2:10pm - Bitty Tap Friday 2:10-2:20pm - Pre Ballet Monday 2:20-2:30pm - Pre Ballet Tuesday 2:30-2:40pm - Pre Tap Monday 2:40-2:50pm - Pre Tap Tuesday 2:50-3:00pm - Jazz Hop Flip Flop 3:00-3:10pm - Ballet 1 3:10-3:20pm - Jazz 2 3:20-3:30pm - Hip Hop 1 3:30-3:40pm - Ballet 2 3:40-3:50pm - Tap 3:50-4:00pm - Hip Hop 2 4:00-4:10pm - Jazz 1 4:10-4:20pm - Contemporary 4:20-4:30pm - Teen Jazz 4:30-5:00pm - Opening number



Saturday, June 15th, 3<u>pm</u> Harwood Union High School

Please label ALL costumes, shoes, and accessories!!

*Dancer call is between 2-2:15pm. Dancers should arrive in the costume of their first scheduled dance with their hair and makeup done and be ready to meet on stage by 2:20pm.

*Please make sure your dancer signs-in at the check-in desk prior to heading backstage.

*All dancers are going to be in the final bow at the end of the performance, so dancers cannot leave the backstage area during the show. Once the show is complete, dancers will be dismissed and will be in charge of collecting their belongings before heading to the lobby.

*Dancers 3rd grade and younger MUST have a parent or guardian sign them out prior to leaving.

Bitty Ballet and Pre-Ballet Dancers

*One parent or guardian per dancer will be allowed backstage to drop-off/pick-up. No one will be allowed backstage without first signing in at the check-in desk.

RECITAL ATTIRE & HAIR STYLE

EACH DANCER SHOULD WEAR THEIR COSTUME ALONG WITH THE APPROPRIATE SHOES, TIGHTS & HAIRSTYLE. STAGE MAKEUP IS OPTIONAL BUT STRONGLY ENCOURAGED TO COMPLETE THE LOOK.

Class Name	Class Day	Tights/Socks	Shoes	Hair
Bitty Ballet	Monday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Bitty Tap	Monday	Pink footed or convertible	<u>Black tap</u>	Mid bun w/ hairpiece off center to right
Bitty Ballet	Friday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Bitty Tap	Friday	Pink footed or convertible	<u>Black tap</u>	Mid bun w/ hairpiece off center to right
Pre-Ballet	Monday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Pre-Tap	Monday	Pink footed or convertible	<u>Black tap</u>	Mid bun w/ hairpiece off center to right
Pre-Ballet BOYS	Monday	Black ankle or no show socks	<u>Black ballet</u>	n/a
Pre-Tap BOYS	Monday	Black ankle or no show socks	<u>Black Tap</u>	n/a
Pre-Ballet	Tuesday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Pre-Tap	Tuesday	Pink footed or convertible	<u>Black tap</u>	Mid bun w/ hairpiece off center to right
Ballet 1	Tuesday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Jazz Hop Flip Flop	Monday	Caramel footed or convertible	<u>Nude jazz</u>	Mid ponytail
Jazz 1	Wednesday	Caramel footed or convertible	<u>Nude jazz</u>	Mid ponytail
Нір Нор 1	Tuesday	Caramel footed or convertible	<u>Black sneakers</u>	Mid ponytail
Тар	Wednesday	Black ankle or no show socks	<u>Black Tap</u>	Mid ponytail
Jazz 2	Wednesday	Caramel footed or convertible	<u>Nude jazz</u>	Mid ponytail
Нір Нор 2	Tuesday	Black ankle or no show socks	<u>Black sneakers</u>	Mid ponytail
Ballet 2	Thursday	Pink footed or convertible	Pink ballet	Mid bun w/ hairpiece off center to right
Contemporary	Thursday	<u>Caramel footless or</u> convertible	Nude paws	Mid ponytail
Teen Jazz	Wednesday	<u>Caramel footed or</u> <u>convertible</u>	<u>Black jazz</u>	Mid ponytail
Teen Jazz BOYS	Wednesday	Black ankle or no show socks	<u>Black jazz</u>	n/a



HAIR

Below are examples of dance hairstyles. These are just meant to be helpful, just try your best, no stress! Please make sure hair is slicked back with no flyaways and long bangs out of face. For best results, use gel/hairspray.

Click Here For Mid Ponytail Video

Click Here For High Bun Video

Click Here For Bun for short hair Video

MAKE-UP

As mentioned previously makeup is optional but strongly encouraged for all dancers as the bright stage lights can wash out their faces. The video below show what typical stage make-up for dancers looks like but you can do as much or as little as you would like. A good in between would be blush, eye makeup & lipstick. A neutral eyeshadow palette works great for adding dimension, a pink blush will add color to their face and a shade of red is the best stage lipstick.

Click Here For Makeup Video

Recital Pictures

There will be no formal recital pictures taken but there will be a picture area in the lobby at the recital for your dancer to take photos at before or after the performance.

AVAILABLE FOR PURCHASE RECITAL T-Shirts Image and order form coming soon!

RECITAL VIDEOS

Please no flash photography or videography during the recital. A professional videographer will capture each dancer on stage.

There are two options available for purchase: <u>Pre-Order Digital File HERE</u> - \$45 <u>Pre-Order DVD/USB HERE</u> - \$50

Option to purchase at recital also available

DANCER'S NAME

Please check spelling (names will appear as below on the back of every recital t-shirt.)
Email alyssa@studio100vt.com for any name changes/updates.

PARKER ANDERSON VFRA MAF ANDFRSON FRIDA ARNEBERG TARIN ASKEW LUCY AYOTTE **ZIP BABBOTT-KLEIN NESS BARRY** ROSEMARY BELIVEAU ESME BENNETT **OLIVE BENNETT** HADLEY BLEH HAILEY BOURNE MAYA BROPHY AILEIGH BURGESS MOLLY CARPENTER MAISIE CARROLL **EVA CLOUGH** AMELIA COHEN MILA DYBALA ODIN DYBALA CAMILLE EDGCOMB ETTA ESTABROOKS **SLOANE FLECKENSTEIN TOBIN FOLEY** MIYAH GABOURY WILLOW GIOVANNIELLO VIOLET GRISWOLD

PHOEBE HALL TFAGAN HALL LILY HAYES SITORA ISKANDAROVA MAISIE JESTICE **OLIVIA JORDAN** SOFIYA KARAPETIAN **OLIVE KINTZ** ELLIE KRAMAN HAYDEN LASHAR **QUINN LASHAR** DOTTIE LEHNHOFF SYLVIA LEHNHOFF ETTA LITTLE LILLIAN LITTLE PAYSON LIVINGSTON MIRIAM MALCOM EMERY MANGO VIVIAN MCDONOUGH ZYPPORAH MITCHELL SYDNEY MORSE DAISY NEAL WILDER NEAL **STELLA NOBLE KRIVITZKY** THOMAS O'GRADY EMMA OPPENHEIMER LAYLA OPPENHEIMER

ALLIE PATTERSON ADALYN PECOR SAILA PHILLIPS WAVERLY PHILLIPS AZALEA RANDOLPH LESLIE RAYBURN SARAH RAYBURN MADELINE REISNER **ROWAN RICHARDS KATHERINE RIEGLER TULSI ROTHMAN** MARIE SAUNDERS ADDIE SCHONDER EMMA SCHONDER DAISIE SHOWACRE ELEANOR STEBAR MAGNOLIA TRAUTZ SARIAH TRETIAK WILLA VANDAL NOEMI VEIT ASTRID WASHINGTON **IVY WEIR** THAYER WILICH **GENEVA WILSON** SYLVIA WRAY PARKER YOUNG AUBREY ZENO

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*Please make sure your dancer is sent with a water bottle! No drinks besides water will be allowed in the dressing room.

*Dancers may bring non-messy snacks such as crackers and fruit like apples or grapes but please no chocolate, gummies or anything that can potentially ruin their costumes or the carpet.

*There will be non-messy activities for the dancers while they're waiting to be on stage (coloring, bracelet making, etc). If you have something you would like to send in with your dancer, please be sure that it won't make a mess!

*ALL dancers are in the final bow and must stay backstage for the entirety of the recital and cannot watch the show from the auditorium.





In order to ensure that we have the best possible recital, we need your help! We have volunteer positions available in the following areas:

> Ticket Scanners (3) Check-in/Check-out table (1) Bitty Ballet/Pre Ballet dressing room (6) Girls dressing room (2) Boys dressing room (1)

Ticket Scanners and Check-in/Check-out volunteers will receive 1 free ticket and can watch the show from their seat.

Dressing room volunteers will need to stay in the dressing room for the entirety of the recital but can watch their dancer perform backstage from the wings (which is a really special experience!)

There will be a mandatory volunteer meeting at 12pm on Sunday, June 9th to go over job duties.

To sign up, please click HERE!