

STUDIO 100

DANCE AND FITNESS

First Friday Newsletter

MAY 2026

The **RECITAL HANDBOOK** is Here!

If you read anything
this year,
please let this be it!

[Click
here](#)

Here you will find all you need to help guide you through the upcoming recital season complete with schedules, hair and make-up tips, volunteer sign-ups and much, much more. You will also be able to find this on our website under the "Recital" tab.

Please let me know if you have any questions by emailing me at alyssa@studio100vt.com

Important Upcoming Dates

May 25 - **CLOSED** for Memorial Day

May 31 - Nutcracker auditions

June 13th - Dress Rehearsal

June 14th - RECITAL!

July 4th - 4th of July parade

**You can find these and other dates [HERE](#)
(found at the bottom of the Studio 100 website)

Volunteer Sign-up

It takes a village! I am looking for some help during the recital in the following areas:

- Ticket Scanners (5)
- Dancer check-in/out table (2)
- Bitty Ballet/Pre Ballet dressing room (3)
- Girls dressing room (2)

Volunteers will all receive 1 free ticket.

SIGN UP [HERE!!](#)

SUMMER

CAMP

Summer camps are now open for registration and spots are filling up fast! Sign your dancer up for one of our fun-filled themed dance camps. Camps run M-F from either 9am-12pm or 1pm-4pm and are filled with dance classes, outdoor activities, fun crafts, and more!

To register, click [HERE!](#)

Studio 100 Online store



Click [HERE](#) to start shopping!



Studio 100 Birthday Club

Happy birthday to our dancers and staff celebrating this May!



Amelia W. - May 3
Etta E. - May 6
Maya B. - May 9
River R. - May 16
Ms. Danielle - May 16
Georgia B. - May 18

Ruth N. - May 18
Magnolia T. - May 19
Layla O. - May 21
Ivy W. - May 21
Etta L. - May 27



Studio 100 is not just for kids!

Check out our Adult dance and fitness classes



Wednesdays, 8-9am - Barre
Fridays, 8-9am - Barre-bata

For more info or to sign up, visit www.studio100vt.com